MUGBERIA GANGADHAR MAHAVIDYALAYA

P.O.—BHUPATINAGAR, Dist.—PURBA MEDINIPUR, PIN.—721425, WEST BENGAL, INDIA
NAAC Re-Accredited B+Level Govt. aided College
CPE (Under UGC XII Plan) & NCTE Approved Institutions
DBT Star College Scheme Award Recipient

E-mail: mugberia_college@rediffmail.com // www.mugberiagangadharmahavidyalaya.ac.in

REPORT

ON

AWARENESS PROGRAMMED ON "THE ROLE OF MOTHER IN PROTECTING CHILD NUTRITION AND HEALTH"

ORGANIZED BY

Department of Nutrition

Mugberia Gangadhar Mahavidyalaya

11.02.2023



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UTTARKHAMAR BISWANATH NURSERY SCHOOL

(ESTD.- 1991)

P.O. - ALUKARANBARD * P.S. - BHUPATINAGAR DIST.- PURBA MEDINIPUR * PIN - 721454

Regd. No. - S/1L/82494 DISE Code No. - 19192003902

aiswanath A

Regd. No-S/IL82494

Mugberia Gangadhar Mahavidyalaya,

Subject: Prayer for sending two professors in Nutrition including HOD and two student to attend the Awareness camp.

With due honour , I the Secretary of Uttarkhamar Biswanath Nursery School (of Uttarkhamar, Alukaranbarh, Purba Midnapur) beg to state that our school is going to organise an awareness camp on The Role of Mother in protecting Child's nutrition and health . It would be held in our school premises on 11.02.2023 ,Saturday at 11 a.m Needless to say , the camp would play an important role in spreading awareness among the mothers in our locality.

You are also informed here that we desire to have two honourable professors on Nitration including the HOD and also two students of your esteemed college as honourable guests and speakers in the discussion of the camp.

I would therefore pray to you to consider our earnest desire and send the professors and the students to attend the much needed camp to make it a glorious and successful one.

Thanking You,

Date 06 02-2023

Yours Sincerely,

Satzendra naus Bhattacha
Satzendranath Bhattacharyya

Secretary,

Uttarkhamar Biswanath Nursery School

Transportation arrangements will be made by the school.

To

The Principal,

Bhupatinagar, Purbamidnapur.

Respected Sir,



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Awareness programmed on "The role of mother in protecting child nutrition and health "11.02.23

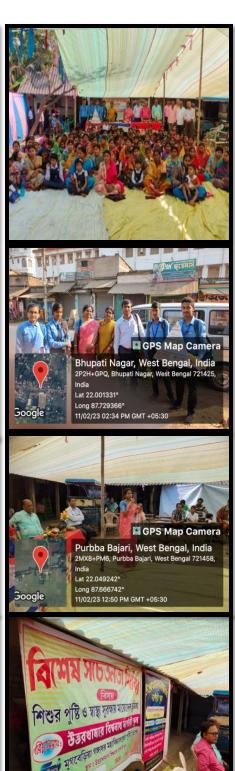
REPORT:

An awareness programme on "The role of mother in protecting child's nutrition and health", was organized by Uttarkhamar Biswanath Nurseary School in collaboration With Mugberia Gangadhar Mahavidyalaya on 11.02.2023 at Uttarkhamar Biswanath Nurseary School. The programme was inaugurated by Satyendra nath Bhattacharyya Secretary Uttarkhamar Biswanath Nurseary School at 11 a.m. After that the nutritional and health related speech was given by Dr. Apurba Giri, (Assistant Professor and Head), Mrs. Moumita Samanta (SACT), Mrs. Rikta Jana (SACT). In between their speech B.Sc 6th sem nutrition (Hons)students Sukanta Bhunia, Rajaram Giri, Krishna Jana, Kabita Das, presented their poster শিশুর আহারজনিত সমস্যা ও সমাধান, প্রোটিন শক্তি অপুষ্টি, অনুপুরক খাদ্য , শিশুর স্থন্ন মূল্যের সুষম খাদ্য. At the end of programmed two mothers share their feedback verbally. The programmed was ended at 2p.m. with lunch to children's, mothers, speaker and other guests .The mother and organizing comity members wears highly satisfied by these valuable lecture.

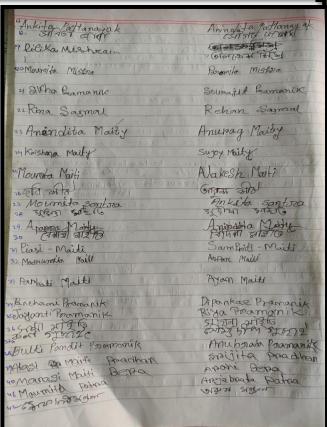
PHOTOS:

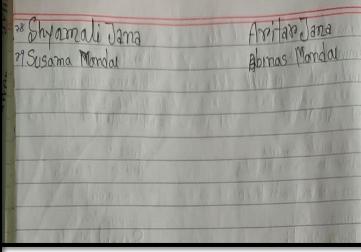






ATTANDANCE OF PARTICIPATE:





RESOLUSION:

- Poor diets in early childhood can lead to deficiencies in essential vitamins and nutrients such as vitamin A deficiency, which weakens children's immunity, increases their risk of blindness and can lead to death from common childhood diseases like diarrhea.
- 2. Children need proper nutrients stay healthy and strong, and grow up healthy and strong. Nutrition for children can also help establish a foundation for healthy eating habits and nutritional knowledge that child can apply throughout life.
- 3. Preschoolers need to eat foods from all five healthy food groups vegetables, fruit, grain foods, dairy and protein.
- 4. Healthy foods have nutrients that are important for growth, development and learning.
- 5. Encourage preschoolers to try new foods.
- 6. Keep healthy snacks on hand in classroom.

Principal

Principal

Mugheria Gaogadhar Mahavidyalaya

