



# **MUGBERIA GANGADHAR MAHAVIDYALAYA**

P.O.—BHUPATINAGAR, Dist.—PURBA MEDINIPUR, PIN.—721425, WEST BENGAL, INDIA

NAAC Re-Accredited B+Level Govt. aided College

CPE (Under UGC XII Plan) & NCTE Approved Institutions

DBT Star College Scheme Award Recipient

E-mail : [mugberia\\_college@rediffmail.com](mailto:mugberia_college@rediffmail.com) // [www.mugberiangangadharmahavidyalaya.ac.in](http://www.mugberiangangadharmahavidyalaya.ac.in)

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## **REPORT**

### **ON**

## **AWARENESS PROGRAMMED ON “THE ROLE OF MOTHER IN PROTECTING CHILD NUTRITION AND HEALTH”**

### **ORGANIZED BY**

**Department of Nutrition**

**Mugberia Gangadhar Mahavidyalaya**

**11.02.2023**



# MUGBERIA GANGADHAR MAHAVIDYALAYA

P.O.—BHUPATINAGAR, Dist.—PURBA MEDINIPUR, PIN.—721426, WEST BENGAL, INDIA

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## UTTARKHAMAR BISWANATH NURSERY SCHOOL

ESTD.— 1991

P.O.— ALUKARANBARH ★ P.S. - BHUPATINAGAR  
DIST.— PURBA MEDINIPUR ★ PIN - 721454

Regd. No. - S/1L/82494 □ DISE Code No. - 19192003902

Ref No. ....

Date 06.02.2023

To

The Principal ,

Mugberia Gangadhar Mahavidyalaya ,

Bhupatinagar, Purbamidnapur .



**Subject: Prayer for sending two professors in Nutrition including HOD and two student to attend the Awareness camp.**

Respected Sir,

With due honour , I the Secretary of Uttarkhamar Biswanath Nursery School (of Uttarkhamar, Alukaranbarh, Purba Midnapur) beg to state that our school is going to organise an awareness camp on The Role of Mother in protecting Child's nutrition and health . It would be held in our school premises on 11.02.2023 ,Saturday at 11 a.m Needless to say , the camp would play an important role in spreading awareness among the mothers in our locality.

You are also informed here that we desire to have two honourable professors on Nutrition including the HOD and also two students of your esteemed college as honourable guests and speakers in the discussion of the camp.

I would therefore pray to you to consider our earnest desire and send the professors and the students to attend the much needed camp to make it a glorious and successful one.

Thanking You ,

Yours Sincerely,

*Satyendra Nath Bhattacharyya.*  
Satyendranath Bhattacharyya

Secretary,

Uttarkhamar Biswanath Nursery School

To  
HOD  
for consideration  
66.02.2023

- Transportation arrangements will be made by the school.



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## Awareness programmed on “The role of mother in protecting child nutrition and health “11.02.23

### REPORT:

An awareness programme on "The role of mother in protecting child's nutrition and health", was organized by Uttarkhamar Biswanath Nurseary School in collaboration With Mugberia Gangadhar Mahavidyalaya on 11.02.2023 at Uttarkhamar Biswanath Nurseary School. The programme was inaugurated by Satyendra nath Bhattacharyya Secretary Uttarkhamar Biswanath Nurseary School at 11 a.m. After that the nutritional and health related speech was given by Dr. Apurba Giri, (Assistant Professor and Head), Mrs. Moumita Samanta (SACT), Mrs. Rikta Jana (SACT). In between their speech B.Sc 6<sup>th</sup> sem nutrition (Hons)students Sukanta Bhunia, Rajaram Giri, Krishna Jana, Kabita Das, presented their poster শিশুর আহাৰজনিত সমস্যা ও সমাধান, প্রোটিন শক্তি অপুষ্টি, অনুপূৰক খাদ্য , শিশুর স্বল্প মূল্যের সুষম খাদ্য. At the end of programmed two mothers share their feedback verbally. The programmed was ended at 2p.m. with lunch to children's, mothers, speaker and other guests .The mother and organizing comity members wears highly satisfied by these valuable lecture.

PHOTOS:



# ATTENDANCE OF PARTICIPATE:

Date: 11.02.2021

Awareness Camp: The Role of Mother in protecting child's nutrition & Health

Organized by Uttarakhand Sahasra Shiksha Yojana, Dept. of Health & Family Welfare, Government of Uttarakhand, Dehra Dun

Attendance

Serial No.	Name	Address
1	Sumitranand Pande	311, Durgapuri, Dehra Dun, U.P.
2	Jitendra Prasad	President, Sahasra Shiksha Yojana, Dehra Dun
3	Dr. Anil Kumar	Dr. Anil Kumar, Dehra Dun
4	Nisha Pandey	14, Panchsheel, Dehra Dun, U.P.
5	Satyendra Kumar	14, Panchsheel, Dehra Dun, U.P.
6	Srinivasan Samra	Uttarakhand Sahasra Shiksha Yojana, Dehra Dun
7	Gyani Gopal Saran	Dehra Dun, U.P.
8	Dr. Anil Kumar	Dehra Dun, U.P.
9	Rishi Jaiswal	Dehra Dun, U.P.
10	Rajaram Giri	Dehra Dun, U.P.
11	Krishna Jaiswal	Dehra Dun, U.P.
12	Sumanika Das	Dehra Dun, U.P.

  

Attendance of Mother	Child Name
1. Minati Guchhait	Enigita Guchhait
2. Smita Das	ISHAN JAIN
3. Sumita Ojha	Shantam Ojha
4. Sumita Ojha	Shubham Ojha
5. Mamata Pradhan Sasmal	Reyan Sasmal
6. Anika Das	Shreshtha Das
7. Subha Maity	Sondia Maity
8. Rubal Prasad (Maity)	Anika Maity
9. Anika Maity	Shreya Maity
10. Anika Maity	Pratibha Maity
11. Bhaskari Maity (Soni)	Bhuvan Soni
12. Smita Mandal Pramanik	Suhani Pramanik
13. Niharika Prasad	Ayan Prasad
14. Anika Maity	Shreya Maity
15. Anika Maity	Anika Maity
16. Mounika Bisai	Ishita Bisai

43. Saraswati Maity Mandal	Debasmita Mandal
44. Rilemini Manna Jana	Ranita Jana
45. Sumita Pal Mandal	Dipansu Mandal
46. Susmita Sarpanch Das	Arundha Das, Anusmita Das
47. Anika Maity	Anika Maity
48. Sumita Kula Saran	Anika Saran
49. Madhumita Jana Mandal	Ankan Mandal
50. Aparna Rani Maity Kora	Soumitra Kora
51. Rumpa Pal	Sourav Pal
52. Pinki Maity	Sorali Maity
53. Mausumi Mishra	Suhana Mishra
54. Ruma Giri	Dipali Giri
55. Sangita Jana	Sparshita Jana
56. Anika Maity	Sparshita Maity
57. Anika Maity	Sparshita Maity
58. Anika Maity	Sparshita Maity
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77. Anika Maity	Sparshita Maity
78. Anika Maity	Sparshita Maity
79. Anika Maity	Sparshita Maity
80. Anika Maity	Sparshita Maity

17. Anika Pattanayak	Anigita pattanayak
18. Anika Maity	Anika Maity
19. Rishika Mishra	Rishika Mishra
20. Mounika Mishra	Mounika Mishra
21. Smita Pramanik	Soumitra Pramanik
22. Rina Sasmal	Rehan Sasmal
23. Anandita Maity	Anurag Maity
24. Krishna Maity	Susy Maity
25. Mounika Maity	Nakesh Maity
26. Anika Maity	Anika Maity
27. Mounika Saran	Anika Saran
28. Anika Maity	Anika Maity
29. Anika Maity	Anika Maity
30. Anika Maity	Anika Maity
31. Piasi - Maity	Sambhiti - Maity
32. Madhumita Maity	Anika Maity
33. Anika Maity	Ayan Maity
34. Anika Pramanik	Dipankaz Pramanik
35. Anika Pramanik	Riya Pramanik
36. Anika Pramanik	Anika Pramanik
37. Anika Pramanik	Anika Pramanik
38. Anika Pramanik	Anika Pramanik
39. Anika Pramanik	Anika Pramanik
40. Anika Pramanik	Anika Pramanik
41. Anika Pramanik	Anika Pramanik
42. Anika Pramanik	Anika Pramanik

78. Shyamali Jana	Amita Jana
79. Susama Mandal	Abhinav Mandal

## RESOLUTION:

1. Poor diets in early childhood can lead to deficiencies in essential vitamins and nutrients – such as vitamin A deficiency, which weakens children's immunity, increases their risk of blindness and can lead to death from common childhood diseases like diarrhea.
2. Children need proper nutrients stay healthy and strong, and grow up healthy and strong. Nutrition for children can also help establish a foundation for healthy eating habits and nutritional knowledge that child can apply throughout life.
3. Preschoolers need to eat foods from all five healthy food groups – vegetables, fruit, grain foods, dairy and protein.
4. Healthy foods have nutrients that are important for growth, development and learning.
5. Encourage preschoolers to try new foods.
6. Keep healthy snacks on hand in classroom.

  
Principal  
Mugberia Gangadhar Mahavidyalaya

